



**Sedigheh Pakseresht, PhD**

**Associate Professor at Department of Obstetric**

**Community Health, Women Health Promotion (PhD), Obstetrics (MSc)**

**Reproductive Health Research Center Member & Social Determinants of Health Research Center (SDHRC)**

**Board Committee of Obstetrics**

**Editor in Chief of Holistic Nursing and Midwifery**

**Guilan University of Medical Sciences, Rasht, Iran**

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**H Index=5**

**Degrees:**

- Master of Obstetrics (MBC)
- Community Health/ Women Health Promotion (PhD)
- Master in Teaching English (MA)

**Work experience: 28 years**

### **Work Experience**

**Current position:** 1990-Present. Associate professor of Obstetrics Department Guilan University of Medical Sciences, Iran. It gave me the opportunity of providing quality of care to the patients and their families (prenatal care, labor and delivery in outpatient and inpatient level, health center, prenatal care and experience in contemporary midwifery practice, Research leadership experience in midwifery and nursing, Coordinate research projects and publish in journals, teaching and supervision with extensive experience at undergraduate, postgraduate (coursework

and research) levels and teaching of innovative subjects and courses in midwifery for students and staff.

**Director:** Obstetrics Department, 1995-1998 (Head of Department)

### **Teaching Experience**

- **Undergraduate level.** Bachelors in Midwifery, Nursing, Medicine Emergency, Health Education.

Teaching normal and abnormal pregnancy, normal vaginal delivery, episiotomy, prenatal care, and semi logy, mother and child health, reproductive health, breast cancer, menopause, old age health, postpartum infection, postpartum hemorrhage, dystocia during delivery, IUFD, women health, sexual and marriage counseling

- **Postgraduate level.** Master in Midwifery, and Nursing

- New methods in obstetrics, women health promotion, post partum infection and hemorrhage, counseling for women health and sexology during reproductive ages (young, marriage, during pregnancy, after delivery, and menopauses), teaching sexual counseling

-Research methodology, writing research protocol and critic a research paper, data collection, validity reliability, sampling methods, etc

### **Research Experience**

- Editor- in -chief of Holistic Nursing and Midwifery Journal (<http://hnmj.gums.ac.ir/>)
- Supervisor and Co-supervisor in research projects on breast cancer, health, mother and child, breast feeding, menopauses, osteoporosis, quality of life, life style, health..... ,Guilan University of Medical Sciences, Iran, 1997 -2018
- Referee of projects for women health, prenatal care, health education, breast cancer, life style, and women's counseling needs, cervical cancer, and reproductive health. Guilan University of Medical Sciences, Iran, 1996 -2018

- Reviewer in Guilan Medical Journal, Iran and Research in Medical Education of Guilan Medical Journal, etc
- The board as a organizing committee member **Nursing and Healthcare sciences 2018** , held in Osaka, Japan from September 28-30,2018

## Publication

### A. Peer-reviewed articles

- 1- RaziyeH mossayebneZdad , Maryam niknami , dr. **Sedigheh pakseresh**. Estimation of foetal weight by clinical examination and ultrasound methods in predicting actual birth weight: a narrative study, Indian obstetrics & gynecology. 2019; 9(1). 13-18
- 2- Zebhi A, **Pakseresht S**, Mokhtari N, Mahdevi-Roshan M, Kazemnezhad Leyli E, Monfared A. Osteoporosis Preventive Lifestyle and Vitamin D Status Among Nursing Students of Guilan University of Medical Sciences. J Holist Nurs Midwifery. 2019; 29(2):113-121  
<https://doi.org/10.32598/JHNM.29.2.113>
- 3- Asgharnia M. MD , **Pakseresht S. PhD** , Rojaee F. MD, Blood Products Consumption in Women who Admitted at the Obstetrics and Gynecologic Teaching Hospital of Rasht, 2011-2014, Iranian Journal of Surjury.2018; 26 (1), 55-62
- 4- AfsaneH Pasha , **Sedigheh Pakseresht** , Komeil Rezaie , SedigheH Rezaie, Ehsan KazemNejad . Comparison of Health Promoting Lifestyle in Guilan Medical and Non-Medical Sciences Students. Journal of Research Development in Nursing & Midwifery. 2018; 15(1),45-54
- 5- **Sedigheh Pakseresht1**, Pegah Rasekh , MarzieH Rahebi , Ehsan Kazemnejad Leili. Physical Health and Maternal-Fetal Attachment among Women: Planned vs. Unplanned Pregnancy. International Journal of Women's Health and Reproduction Sciences,2018,6(4),
- 6- Merrikh Rounaghi ,SedigheH Pakseresht ,Shahla Asiry ,Zahra Atrkar Roushan. Relationship Between Aggression and Addiction Tendency Among University Students. J Holist Nurs Midwifery. 2018; 28 (3): 185-192
- 7- Forough Samipoor, **Sedigheh Pakseresht**, ParvaneH Rezasoltani & Ehsan Kazemnejad Leili. A wareness and experience of andropause symptoms in men referring to health centers: a cross-sectional study in Iran. THE AGING MALE, 2017, 10 May 2017

- 8- Neda Barzegar , Maryam Niknami , Leila Mirhadian , Ehsan Kazem Nejad Leili , **Sedigheh Pakseresht**, M.Meghachandra Singh. Lifestyle and Factors Associated with the Elderly People Referred to the Pension Fund. *J Holist Nurs Midwifery*. 2017; 27 (2): 1-7
- 9- F Samipoor, **S Pakseresht**, P Rezasoltani, M Mehrdad . The association between hypogonadism symptoms with serum testosterone, FSH and LH in men. *The Aging Male*, 2017
- 10- Sharare Zabihi Afroozi<sup>1</sup>, Seyede Noshaz Mirhaghjou \*, **Sedigheh Pakseresht** , Ehsan Kazem Nejad Leili<sup>4</sup>, Zahiruddin Quazi Syed<sup>5</sup>. Participation of Mothers in the Care of Premature Infants and its Associated Factors. *J Holist Nurs Midwifery*. 2017; 27 (2): 93-102.
- 11- **Sedigheh Pakseresht**, Farzane Pourshaban, Zahra Bostani khalesi. Comparing maternal breastfeeding self-efficacy during first week and sixth week postpartum. **Electronic Physician**, Volume 9, Issue 2, February 2017
- 12- **Sedigheh Pakseresht**, Komeil Rezaei , Afsaneh Pasha, Ehsan KazemNejad Leili, Fatemeh Hasandoost. Health Promoting Lifestyle among Students at Guilan University of Medical Sciences. *J Holist Nurs Midwifery*. 2017; 27 (1): 19-27.
- 13- Farzaneh Poorshaban , **Sedigheh Pakseresht** , Zahra Bostani Khalesi , EhsanKazemNejad Leili , Factors Associated with Breastfeeding Self-Efficacy of Mothers Within 6 Weeks of Delivery, *J Holist Nurs Midwifery*. 2017; 27 (1): 27-34.
- 14- Seyedeh Noshaz Mirhaghjou, Maryam Niknami, Maryam Moridi, **Sedigheh Pakseresht**, Ehsan Kazem Nejad Leili .Quality of life and its determinants in postmenopausal women: a population-based study. *Applied Nursing Research*, 2016; 30, 252-256
- 15- Fariba Mirbolouk , **Sedigheh Pakseresht** \*, Maryam Asgharnia<sup>1</sup>, Behnaz M Farjadmand<sup>1</sup>, Ehsan Kazemnezhad<sup>3</sup> . Study of Vitamin D Status in Pregnant Women in North of Iran. *International Journal of Women's Health and Reproduction Sciences* . Vol. 4, No. 4, October 2016, 176–180
- 16- **Pakseresht S**, Rafat F, Rahebi SM, Ghasemi pour M .Explaining the Counseling Needs of Women with Breast Cancer: a Qualitative Study, *Community Health Journal* 2016, 9(4): 38-48
- 17- Jahangasht Kh , Asiri Sh, **Pakseresht S** , Kazemnejad-Leili E . Prevalence of Depression Symptoms and its related Factors in School Students. *Holistic Nursing and Midwifery* 2016, 81; 26 (3): 8-15
- 18- **Pakseresht S**, Khalili Sabet M, Vahedi MA, Monfared A. Comparative Study for Knowledge and Attitudes of Virtual and Non-Virtual Students towards E-Learning. *Research in medical education*, 2016; 8(4), 61-69

- 19- Shiva Alizadeh, Asieh Namazi, **Sedigheh Pakseresht**. Prevalence and Predictors of Low Birth Weight in Guilan, Iran. *International Journal of Preventive, Curative and Community Medicine*. **2016**, Vol 2, No 3&4
- 20- **Sedigheh Pakseresht**, Fatemeh Jafarzadeh-Kenarsari, Zahra Atrkar Roushan Publication: Exploring Married Iranian Women's Perception of the Meaning of Sexual Marital Activity: A Qualitative Study. *The Qualitative Report*. 2016; Vol 21, N 10 , 10-24
- 21- *Asgharnia M \**, **Pakseresht Sedigheh.**, *Hosseinzadeh F. Kazemi S., Rojaee F.* Acute Transfusion Reactions and Associated Factors in the Obstetric and Gynecologic Teaching Center of Rasht, 2009-2014. *Iranian Journal of Surjury*.2016; 24 ( 4) , 52-60
- 22- **Sedigheh Pakseresht**, Fatemeh Jafarzadeh- Kenarsari, Fatemeh Rafat , Seyedeh Marzieh Rahebi. Exploration of Women's Perspective on Cervical Cancer: A Qualitative Study. *J Holist Nurs Midwifery*. 2016; 26 (4): 43-51
- 23- Shiva Salehi, **Sedigheh Pakseresht**, Seyadeh Noshaz Mirhaghjoo, Ehasan Kazemnejad Leili. Relationship between Environmental Factors and Menarche of 11-14 Year Old Students in Rasht City. *J Holist Nurs Midwifery*. 2016; 26 (4): 62-70
- 24- Khadijeh Jahangasht, Shahla Asiri , **Sedigheh Pakseresht**, Ehsan Kazemnejad Leili. Prevalence of Depression Symptoms and its related Factors in School Students. . *J Holist Nurs Midwifery*. 2016; 26 (3): 1-7
- 25- Bostani Khalesi Z , Rafat F , **Pakseresht S**. Relationship between adequacy of prenatal care utilization index and neonatal outcomes. *Holistic Nursing and Midwifery* 2015, 81; 26 (3): 8-15
- 26- Bostani Khalesi Z , Rafat F , **Pakseresht S**. Relationship between adequacies of prenatal care utilization index and neonatal outcomes. *J Holist Nurs Midwifery* 2015, 25(2): 8-15
- 27- **Pakseresht S**, Rafat F , Rahebi SM , Ghasemi pour M. Explaining the Counseling Needs of Women with Breast Cancer: a Qualitative Study. *Journal of community health*,2015; 9 (4),38-47
- 28- **Pakseresht S**, Ingle GK, Garg S, Sarafraz N. Stage at diagnosis and delay in seeking medical care among women with breast cancer, Delhi, India. *Iran Red Crescent Med J*. 2014; 16(12):1-7.
- 29- Monfared A , **Sedigheh Pakseresht \***, Ghanbari Khaneghah A , Atrkar Roshan Z Health-Related Quality of Life and its related factors among women with breast cancer. *J Holist Nurs Midwifery* 2013, 23(2): 52-62
- 30- **Sedigheh Pakseresht**, Arezo Monfared , Atefeh Ghanbari, Zahrah Atrkar Roshan, A Rahimi. Investigating body image and the related factors among women with breast cancer at educational and therapeutic hospitals in Rasht in 2011-12. *Mod Care J* .2014, 11 (2): 83-93.

- 31- **Sedigheh Pakseresht**, Arezo Monfared , Atefeh Ghanbari, Zahrah Atrkar Roshan, A Rahimi. Investigating body image and the related factors among women with breast cancer at educational and therapeutic hospitals in Rasht in 2011-12. *Mod Care J* .2014, 11 (2): 83-93.
- 32- Monfared2 A, **Sedigheh Pakseresht** \*, Ghanbari Khaneghah A , Atrkar Roshan Z Health-Related Quality of Life and its related factors among women with breast cancer. *J Holist Nurs Midwifery* 2013, 23(2): 52-62
- 33- SeyednooriT, **pakseresht S**, Roshan Z. Risk of developing breast cancer by utilizing Gail model. *Women Health*, 2012; 52(4):391-402.
- 34- Kafaie M, Sarafraz N, Bagheri F, Abbaszadeh F, **Pakseresht Sedigheh**. The relationship between unintended pregnancies and low birth weight newborn. *Archives Des Sciences*. 2012; 65(7):12-16.
- 35- Sarafraz N, Kafaie M, Abbaszadeh F, Karimian Z, **Pakseresht S**. Physical activity and related factors among elderly women. *Archives Des Sciences*. 2012; 65(8): 21-25.
- 36- **Pakseresht S**, Ingle GK, Garg S. Quality of life of women with breast cancer at the time of diagnosis in New Delhi. *J Cancer Sci Ther*. 2011; 3(3): 66-69.
- 37- **Pakseresht Sedigheh**, Ingle GK, Garg S, Singh MM. Expenditure audit of women with breast cancer in a tertiary care hospital of Delhi. *Indian J Cancer*. 2011 Oct-Dec; 48(4):428-37.
- 38- **Pakseresht S**, Ingle GK, Bahadur AK, Ramteke VK, Singh MM, Garg S, Agarwal PN. Risk factors with breast cancer among women in Delhi. *Indian J Cancer*. 2009; 46(2): 132-138.

#### **B. Book**

1. Breast Cancer: Women health and quality of life  
Sedigheh Pakseresht; Gopal Krishna Ingle. Verlag Dr. Müller(VDM) Publication, Germany. 2011
2. Episiotomy and cares, Golban Publication, Tehran, Iran, 2018

#### **C. Oral presentations.**

1. Maryam asgharnia<sup>1</sup>, **Sedigheh Pakseresht** <sup>2</sup>, Fatemeh Rojaee<sup>3</sup>. The survey of blood products consumption, acute transfusion reactions and its associated factors in women who admitted at the Al-Zahra hospital in Rasht during 2-year experience (4113-4102). *Debatable Topics on Obstetrics Gynecology & Infertility*. Shahid Beheshti University International Conference Cancer, Tehran, Iran. 17-16 Februry, 2016.

2. Mahdokht Taheri, **Pakseresht S**, Vahedi A. Comparative Study of knowledge and Attitudes of Virtual with Traditional Students regarding to E-learning. International Conference on Education and Social Sciences (ICEASS 2016) from February 18-20, 2016 in Singapore.
3. Mahdokht Taheri, **Pakseresht S**, Asadi A. The relationship between psychological factors and the meaning of education in students of Guilan University of Medical Sciences. International Conference on Education and Social Sciences (ICEASS 2016) from February 18-20, 2016 in Singapore.
4. **Sedigheh Pakseresht**, Mohammad Ali Vahedi ·Arezo Monfared · Knowledge regarding to E-learning in MSc Virtual Students of Guilan University. Ministry of Health and Medical Education, Association of Medical Education of Iran, May 1-3 , 2016, Tehran, Iran
5. **Pakseresht S**. Socio demographic of Indian women with breast cancer. 8th international congress in obstetrics and gynecology. Tehran, Iran. 2014.
6. **Pakseresht S**, Monfared A. Risk factors of breast cancer in women. 8th international congress in obstetrics and gynecology. Tehran. Iran. 2014.
7. Monfared A, **Pakseresht S**, Ghanbari A. Quality of life of women with breast cancer in Rasht. Reproductive health; menopause, andropause. Research center and infertility congress. Tehran. 2012.
8. Monfared A, **Pakseresht S**, Ghanbari A. Body image among women with breast cancer. Reproductive health; menopause, andropause. Research center and infertility congress. Tehran, Iran. 2012.
9. **Pakseresht S**, Rahebi SM, Orang Z. Delayed versus early umbilical cord clamping in delivery. First international congress in women health and third stage of delivery. Ahvaz, Iran. 2012.
10. **Pakseresht S**. Breast cancer and care. Guilan University of Medical Sciences. Rasht, Iran. 2009.
11. **Pakseresht S**. Women health promotion. Guilan University of Medical Sciences. Rasht, Iran. 2009.

12. **Pakseresht S**, Ingle GK, Garg S. Factors influencing quality of life in women with breast cancer. The 52nd all Indian annual Conference, Indian Public Health Association. Delhi, India. 2008.
13. **Pakseresht S**, Ingle GK, Garg S, Sing MM. Seeking behavior of women with breast cancer. 35<sup>th</sup> national conference of IAPSM. India. 2008.
14. **Pakseresht S**, Ingle GK, Garg S, Sing MM. Quality of life of women with breast cancer at the time of diagnosis, 51st all Indian annual conference (IPHA). India. 2007.
15. **Pakseresht S**, Ingle GK, Garg S. Breast cancer in young women. 34<sup>th</sup> national conference all Indian institute of medical sciences. India. 2007.
16. **Pakseresht S**, Mirhagjo N, Rahebi SM. Counseling needs of women in family planning. First international congress in health promotion and health education. Iran. 2003.

#### **D. Poster presentation( international/national)**

1. **Sedigheh Pakseresht** , Azadeh Zebhi, , Nasrin Mokhtari. Preventive Life-Style for Osteoporosis and Vitamin D status in Nursing Students ,Women and Maternal Nutrition and Care. Aug 31-Sept 01, 2018 Toronto ,Canada
2. **Sedigheh Pakseresht** , Pegah Rasekh . Prenatal Nutrition in wanted and unwanted pregnancies. Women and Maternal Nutrition and Care. Aug 31-Sept 01, 2018 Toronto, Canada
- 3.
4. **Pakseresht S**, Monfared A. Quality of life and body image among women with breast cancer. The 23rd annual congress in women health, USA. 2015.
5. **Pakseresht S**, Mirbolouk F, Asgharnia M, Farjadmand B. Vitamin D deficiency in pregnant women in Rasht, Iran. The 23rd annual congress in women health, USA. 2015.
6. KhaliliSabet M, Pakseresht S, **Vahedi MA**. Knowledge and attitude of virtual students at Guilan University about e-learning education. The IAFOR International Conference on Education. Dubai. 2015.
7. **Sedigheh Pakseresht**, Fathmeh Rafat, Sayad Marzieh Rahebi . Counseling needs regarding to breast cancer: A qualitative study. International Conference on Women's Health, Gynecology & Obstetrics. July 08-10, 2014 Chicago NorthShore, USA



8. **Pakseresht S**, Rafat F, Rahebi SM, Hasanzadeh A. Women's need for counseling regarding to sexual activity during pregnancy, a qualitative study. International congress in women health. Urimeh, Iran. 2014.
9. **Pakseresht S**, Rafat F, Rahebi SM. Educational need of women with breast cancer. Sixth international congresses in breast cancer. Tehran, Iran, 2014.
10. **Pakseresht S**, Rafat F, Rahebi SM. Educational need of women with prenatal care. 10<sup>th</sup> international congress in obstetrics and gynecology. Tehran, Iran, 2014.
11. **Pakseresht S**, Rafat F, Rahebi SM. Educational needs regarding patients with cervical cancer. 9<sup>th</sup> congress on women health & diesis. Athena, Greece. 2014.
12. **Pakseresht S**, Yosafi N, Pasokhi M. Socio-demographic of volunteers in physiological birth classes. 15<sup>th</sup> world congresses on human reproduction. Venice, Italy. 2013.
13. **Pakseresht S**, Rafat F, Rahebi SM. Educational needs of women with menopause; qualitative study. 15<sup>th</sup> world congress on human reproduction. Venice, Italy. 2013.
14. **Pakseresht S**, Rafat F, Rahebi SM. Nutrition and exercise during menopause: a qualitative research. Reproductive health; menopause, andropause. Research center and infertility congress. Tehran. 2012.
15. **Pakseresht S**, Ingle GK, Garg S. Quality of life of women with breast cancer at the time of diagnosis and after six month. First international congress in reproductive health, Mashhad, Iran, 2012.
16. **Pakseresht S**, Ingle GK, Garg S. Cost of treatment of breast cancer patients in Delhi. First international congress in health education. Tabriz, Iran, 2012.
17. **Pakseresht S**, Rafat F, Rahebi SM. Protection of maternal and infant morbidity and educational needs of prenatal care women; a qualitative study. Shiraz, Iran. 2012.
18. **Pakseresht S**, Ingle GK, Sing MM. Factors influencing quality of life on women with breast cancer in Delhi: a follow-up study. The BITS4th world cancer congress. China, 2010.
19. **Pakseresht S**, Ingle Gk, Sing MM. Quality of life of women with breast cancer: 6 months after intervention of treatment in Delhi. The bits4th world cancer congress. China, 2010.

20. Sarafras N, Kafaie M, Abbaszadeh F, Karimian Z, **Pakseresht S**. Maternal factors predictor for low birth weight infants. International congress obstetrics and gynecology. Spain. 2010.
21. **Pakseresht S**, Roushan Z. Age at menopause in women's, Rasht. International congress of menopause, Kuala Lumpur, Malaysia. 2004.

### **Supervisor and co-supervisor**

- 1- The survey of the relationship between social support and postpartum depression in women in Health care centers Rasht 2019
- 2- A survey of relationship between perceived stigma and seeking help among women with breast cancer who referring to education, research and remedial centers, 2019
- 3- Self-medication and Related Factors in Pregnant women, 2019
- 4- Violence and its related factors in infertile women in Iran, 2019
- 5- Comparison of Estimation of Fetal Weight by Clinical Methods with Actual Birth Weight in term Pregnant Women, 2019
- 6- Happiness and Its Predictive Factors among Pregnant Women: A cross-sectional study, 2019
- 7- The study of fathers participation rate in pregnant women's care and its related factors in the mothers referring to Alzahra Hospital in Rasht, 2018
- 8- Comparison of physical health during pregnancy and maternal attachment to fetus in unwanted and unwanted pregnancy women.
- 9- Study of the age of menarche and its related factors in students aged 11 to 14 years old in Rasht
- 10- Assessing the Preventive Life Style of Osteoporosis and Vitamin D Levels in University Nursing Students.
- 11- Assessing the Preventive Life Style of Osteoporosis and Vitamin D Levels in University Nursing Student
- 12- Comparison of Health Promotion Lifestyle in Students of Guilan University of Medical Sciences and University of Medical Sciences in the academic year 1392

- 13- Frequency of Depression Symptoms and Related Factors in Students in the 6th to 8th Grade in 2014
- 14- Investigating the factors related to the status of mothers' lactating self-efficacy at 6 weeks postpartum
- 15- Investigating the effect of lavender on the severity of post-cesarean pain in patients referred to Hospital
- 16- Evaluation of the participation of mothers in the care of premature infants admitted to the neonatal department and its related factors in educational centers of Rasht in Iran
- 17- Frequency of consumption of blood products, its acute complications and related factors in women admitted to the Alzahra Medical Center in Rasht during the last 10 years
- 18- The Study of Relationship between Aggression and Attitude toward Addiction in Students of Guilan University of Medical Sciences in 2014
- 19- Factors related to quality of life and mental image of their body in women with breast cancer in educational and therapeutic centers of Rasht city in 2011
- 20- Evaluation of the cost of treatment for cancer patients in Rasht, 2016
- 21- Comparison of Health Promotion Lifestyle in Medical Students of Guilan Medical Sciences and Non-Medical Sciences Students, 2014
- 22- The effect of regular exercise on stress coping strategies among female students of Guilan University of Medical Sciences in 2010
- 23- Investigation of violence and its related factors in infertile women referring to Hospital...
- 24- Investigating the relationship between job pressure and stress coping methods in nursing staff of educational center
- 25- Evaluation of knowledge and attitude and practice of nurses about infection control measures in surgical wards of educational hospitals
- 26- A Comparative Study on the Medical and Nursing Students' Viewpoints of Guilan University of Medical Sciences about the Educational Concept of Patients
- 27- A Comparative Study on the Knowledge, Attitude of Pregnant Mothers on Exposure to Smoking and Their Wife on the Impact of Smoking in the Referents to Health Centers
- 28- Investigating the Facilitating Factors of Family Clinics on the Closure of Uterine Tubes

- 29- The Relationship between self-perception and follow-up of therapeutic programs in patients with hypertension referred to health centers
- 30- A Comparative Study on Belief and Hygienic Behavior in Testes Self-Test in Health and Medical Personnel of Medical Education Centers affiliated to the University of Medical Sciences
- 31- Sensitivity and specificity of pap smear in diagnosis of cervical dysplasia in women referred to Alzahra hospital
- 32- Pregnancy predictors of mothers with low birth weight referring to Rasht University of Medical Sciences

### **Membership**

- Board Committee of Obstetrics, 2019
- Editor in Chief of Holistic Nursing and Midwifery Guilan University of Medical Sciences, Rasht, Iran
- Reproductive Health Research Center AL-Zahra's Hospital, Guilan University of Medical Science.
- Social Determinants of Health Research Center of Guilan University and Medical Science (SDHRC).
- Research Committee of Nursing and Midwifery Schools College Guilan University and Medical Science.
- Member in Final Clinical Student Exam Committee.

### **Educational History**

- 1- 2006-2010. Maulana Azad Medical College, PhD in Community Medicine Department
- 2- 1980-1985. Esfahan University of Medical Sciences, Bachelor in Obstetrics
- 3- 1986-1989. Tarbiat Modares of University, Tehran, Master in Obstetrics
- 4- 2013-2018 Guilan University ,Master in Teaching English

### **Courses Attended**

1. Systematic review articles 2017,2018
2. Teaching in physiological delivery workshop, Guilan, 2017

3. Training in physiological delivery workshop , Iran, 2016
4. Medical journalism workshop, Iran, 2015 &2016 & 2017
5. Editor in chef workshop, Iran ,2017
6. E -learning, Iran, 2014
7. Medical journalisms, Iran, 2012 & 2013 & 2014
8. Endnote, Iran, 2012
9. Endnote, Iran, 2012
10. Triage, Iran, 2012
11. Biostatics analysis, Iran, 2010
12. Evidence based in medical, Iran, 2010
13. Digital library, Iran, 2009
14. SPSS ,and EPI Info, software workshop, 1999, &2009
15. Excel software workshop, 2009
16. Training in breast cancer screening, diagnosis, management and care. Lok Nayak Hospital, Delhi, India, 2006-2007
17. Workshop Research Methodology in advanced, Iran, 1999 & 2003
18. Workshop in Lamaze, Iran, 2001
19. Article writing in English, Iran, 2000
20. Focus group discussion study, Iran, 1999
21. Data analysis, Iran, 1999
22. Breast feeding workshops, Iran, 1999
23. Clinical trial study, iran,1998

### **Certificates**

1. Systematic review articles 2017,2018
2. Training in physiological delivery workshop , Iran, 2016
3. Cochran systematic review workshop, Iran, 2012
4. Training curse on MS-Excel, India, 2008
5. Training course on statistical package for social sciences, India, 2008

6. Training course on management of training at national institute of health and family welfare (NIHFW), India, 2008
7. Medical research methodology and biostatistical methods of analysis, institute of cytology and preventive oncology (ICPO), India, 2007
8. Experimental design and biostatistics, university college of medical sciences (UCMS), India, 2007
9. Experimental design and biostatistics, India, 2007
10. Clinical epidemiology, India, 2006
11. Bio-medical statistics, India, 2006
12. Basic Computer Concepts, MS-Word, MS-PowerPoint, Internet and Email, India, 2006
13. Health promotion, India, 2006

### **Awards**

1. Top selection as a Midwife in Guilan Province at Guilan University of Medical Sciences in May 2019
2. Top researcher among academic members at Guilan University of Medical Sciences in December, 2018
3. As an editor in chief in holistic nursing and midwifery journal, 2018
4. Equivalent to the performance of faculty members Guilan University of Medical Sciences , 2017
5. Associated processor in teaching and research at Guilan university of medical sciences, 2014
6. Obstetrician in clinical level at Guilan university of medical sciences, 2014
7. Researcher at Guilan university of medical sciences, 2011
8. The 52nd all Indian annual conference of Indian public health avocations ( IPHA), Maulana azad medical college (MAMC), 2008
9. Obstetrician in clinical level at Guilan university of medical sciences, 2003
10. Lecturer at Guilan university of medical sciences, 1998
11. Obstetrician in clinical level at Guilan university of medical sciences, 1997

**Having certificate for all items**